

TEENS

21-DAY DEVOTIONAL!



JANUARY 2 - 30
MONDAY-FRIDAY



THEME FOR 2026

God

FIRST

THEME FOR THE WEEK:

CARRY IT FORWARD

FOCUS:

COMMITMENT • CONTINUITY • CHRIST-CENTERED LIVING BEYOND THE FAST

January 26, 2026

Scripture

Ecclesiastes 7:8 (NLT)

“Finishing is better than starting.”



These weeks weren't about completing a devotional—they were about **forming direction**. The danger isn't stopping the fast; it's stopping the habits. What God started during consecration must continue through commitment.

Think About It

- What has God changed in you during this journey?
 - What would it look like to protect that change?



Write down one habit you want to keep.

Prayer

God, help me finish well and keep growing. Amen.

Scripture

Proverbs 4:23 (NLT)

“Guard your heart above all else.”



Growth is fragile if it isn't protected. Old habits, distractions, and voices will try to pull you backward. Guarding your heart means being intentional about what you allow in.

Think About It

- What threatens your spiritual growth?
- What boundaries do you need?



Limit one distraction intentionally.

Prayer

God, help me guard what You've done in me.
Amen.

Scripture**Hebrews 10:25 (NLT)*****“Do not neglect meeting together.”***

Faith grows best in community. Isolation weakens commitment, but connection strengthens consistency. You weren't meant to grow alone.

Think About It

- Who helps you stay focused on God?
- How can you stay connected?



Encourage someone in their faith.

Prayer

God, thank You for people who help me grow.
Amen.

Scripture

1 Corinthians 9:27 (NLT)

“I discipline my body like an athlete.”



Discipline isn't seasonal—it's sustainable. What you practiced during consecration now becomes your lifestyle. Discipline keeps your faith strong when emotions fade.

Think About It

- Which discipline has helped you most?
- How can you stay consistent?



Follow through on a planned spiritual habit.

Prayer

God, help me stay disciplined and focused. Amen.

Scripture

John 13:17 (NLT)

“Now that you know these things, God will bless you for doing them.”



Knowledge alone doesn't change lives—obedience does. What you've learned now needs to be lived out daily.

Think About It

- What lesson stood out most during this journey?
- How can you live it out?



Apply one lesson intentionally.

Prayer

God, help me live what You've taught me. Amen.

**CHECK
THIS
OUT!**



YOU'RE AN EXAMPLE

Scripture

1 Timothy 4:12 (NLT)

“Be an example to all believers.”



Your age doesn't disqualify you—your obedience qualifies you.
Someone is watching how you live your faith.

Think About It

- Who might be encouraged by your example?
 - What message does your life send?

YOU'RE AN EXAMPLE



Choose actions that honor God publicly.

Prayer

God, help me be a strong example. Amen.

CONSECRATION CONTINUES

Scripture

Romans 12:1 (NLT)

“Give your bodies to God... as a living sacrifice.”



Consecration doesn't end—it evolves. This isn't a moment you completed; it's a lifestyle you've embraced.

Think About It

- What does living consecrated look like for you now?
 - How will you continue growing?

CONSECRATION CONTINUES



Recommit your life to God.

Prayer

God, my life belongs to You. Help me live God-first every day. Amen.